



SRI SIVANI COLLEGE OF PHARMACY

(Under the Management of Sri Sivani Educational Society, Srikakulam)
(Estd.2007, Approved by PCI-New Delhi and Affiliated to JNTU, Gurajada-Vizianagaram)
N.H-16, Chilakapalem Jn., Etcherla Mandal, Srikakulam Dist - 532402.

AVERRHOA CARAMBOLA

BOTINICAL NAME: *CARAMBOLA, STAR FRUIT*

FAMILY: Oxalidaceae

SYNONYMS:

ENGLISH: ElimbingBesi, Belimbing Manis,

HINDI: Sitaara phal

TAMIL: Naṭcattirappaḷam

TELUGU: Star fruit

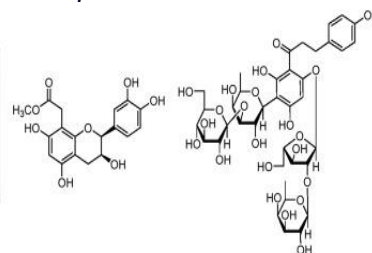


CHEMICAL CONSTITUENTS:

- ❖ The fruit has high levels of flavanoids, proanthocyanidins, vitamin C, β -carotene saponins, alkaloids, tannins, and gallic acid.



Averrhoa carambola L.



USES:

- ❖ Star fruit contains many nutritional components that might help with your health.
- ❖ It might help to regulate blood pressure and blood glucose level
- ❖ May improve metabolism and digestion
- ❖ Might enhance immunity and might help with inflammation.
- ❖ Fever,
- ❖ Cough
- ❖ Diarrhoea
- ❖ Chronic headache
- ❖ Inflammatory skin disorders (eczema)
- ❖ Fungal skin infections